

Flies & Lies



Fall float: Time to reflect



Photo by MIKE SATREN

Bob Bevins casts his last loop before Kent Setty brings his drift boat to dock at the Cataldo take out on the Coeur d'Alene River Sept. 8.

By MIKE SATREN

Low water levels, changing colors and blue-bird weather combined to create the perfect conditions for a memorable day on the Coeur d'Alene River early in September. Kent Setty had invited Bob Bevins and me to accompany him on a float and I jumped.

After a hearty breakfast at the Rose Lake Cafe and a stop at The Snakepit,

where Joe Peak took the keys and agreed to move the truck to Cataldo, we started our drift.

Right off the bat I hooked and lost one but enjoyed the vibrating tug on my 5-weight rod that Doug Fagerness helped me build in Setty's garage last winter.

It turned out to be a rather slow day for strikes but Bevins caught a nice rainbow, left, and Setty brought in several.



We are the NIFC

For over 25 years, the North Idaho Fly Casters Club has been dedicated to all facets of the sport of fly fishing.

We provide a wide range of educational and conservation opportunities to the fly fishing enthusiast.

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We saw a few other groups of boat, canoe and shore anglers but essentially had the river to ourselves. It was a river in a contemplative vein, in no hurry, and the fish seemed to match its mood.

No matter.



PRESIDENT'S MESSAGE

As many of you already know, Ivan Calhoun has resigned as the editor of Flies & Lies and Don and Claudia Schumann have resigned as our raffle chairs. I would like to thank them for their service and contributions to our club members. Fortunately we have found members to take over those two positions. Mike Satren has agreed to take over as the newsletter editor. If you wish to submit material for inclusion in the newsletter please email it to Mike at mike@satren.net. Skip Quade has agreed to handle our dinner meeting raffles for this year. If you have items you want to donate for a raffle please contact Skip at sjquade@televar.com or bring them to the meeting.

I want to express my appreciation to Mike and Skip for volunteering to take over these positions. It is only through the efforts and dedication of members like Mike, Skip and others that we are

able to provide the variety of benefits to our members.

On a more discouraging note, no one has yet agreed to take over the library from Bill and Janet Sherman. At our September meeting I asked anyone who might be interested in running the library to talk to the Shermans or to me. Thus far no one has asked any questions much less volunteered. The Shermans may, and I stress may, be here to run the Library once more at our October meeting. If no one agrees to take on the library the materials will go into storage until we have a new librarian. This is your club and your library. If you want to continue to avail yourself of the library materials, someone will have to become the librarian. Please consider helping us out.

Skip Wright

Club Officers

President

Skip Wright (208) 660-0016

Vice-President

Don Boehm (208) 704-2622

Secretary

Renee Blythe (208) 660-0384

Treasurer

Gayle Wright (208) 660-3994

Trustees

At-Large

Mike Steiner (208) 773-5366

Trustee

Skip Wright (208) 660-0016

David Heberer (208) 625-0384

Jim Rogers (208) 665-9909

Greg Blythe (509) 979-2099

Committee

Chairs

Membership

Laura Bayless (208) 667-4720

Conservation

Bob Clark (208) 667-6733

Youth

Jim Rogers (208) 665-9909

Library

Open position (Call Skip Wright to volunteer)

Raffles

Skip Quade (208) 667-9243

Programs

Bud Frasca (208) 699-0630

Newsletter

Mike Satren (208) 818-1287



CLUB NEWS

THE NEXT CLUB PROGRAM

Laura Bayless is taking dinner reservations for the October 15 meeting. Dinner will be a pasta bar. The cost per dinner is \$14. Wet fly hour is at 5:30 and dinner will be served at 6:30. Please make your reservations by Monday, October 12 at 667-4720 or lbayless12@aol.com.

NIFC meetings are held at the Lake City Senior Center, 1916 Lakewood Dr, just north of the NW Blvd and Lakewood light in Coeur d'Alene.

OUR LAST MEETING

Our September program was presented by clubmember Dr. Duane Craddock on fly fishing in Russia.

MEMBERSHIP RENEWALS

Welcome back to the 2009-2010 year of the Club! Dues are being collected at the October meeting or you can mail them to the North Idaho Fly Casters, P.O. Box 1698, Coeur d' Alene, ID 83816-1698. There is no change in the structure of the dues. \$30 Family, \$25 Single, \$20 Senior Family (65+) and \$15 Senior Single.

Newsletters will be distributed via email, but if you'd like to have a hard copy mailed to you, please include an additional \$10 for the Club year. If you've changed your

email address, or any other information, please contact Laura Bayless.

RAFFLE NEWS

Thanks to club members John Klemm, Kent Setty and Jim Rogers who donated to the September raffle.

A big thank you to Don Green who donated a beautiful self-crafted split bamboo rod for a limited \$10-per-ticket drawing. This 5-weight beauty — which includes a rod tube and sock — is valued at \$1400 and tickets will be available at the October meeting.

With your name and phone number on each ticket, you don't have to be present to win. As soon as 100 tickets are sold, we will draw the winner. Finally, the December bonus prize is a U-boat float tube, fins, and pump valued around \$350 donated by Paul Libengood. Thanks, Paul.

Skip Quade

Laura Bayless plies Tepee Creek earlier this summer.

Photo By MIKE SATREN



Northwest Classic Tackle hosts Storewide Customer Appreciation Sale starting Oct. 15.

Save 20 to 40 percent on everything in stock and take advantage of the best sale of the year!

Rods and reels, lines, waders, clothing, fly tying tools and materials, books, etc. are all offered in brands that include Abel, Thomas & Thomas, Winston, Scott, Fishpond, William Joseph, Dan Bailey, Renzetti, Dyna-King, Hardy, Ross, Korkers, Chota, Temple Fork, Scientific Angler, Rio, Cortland and many others. For more information, call the shop between 10 a.m. and 5:30 p.m. Pacific Time at 208-772-0372 or e-mail GRIZZKING@AOL.COM.

Thanks for your business, Bud Frasca, owner



BOARD OF DIRECTORS MEETING MINUTES 9/24/09

The North Idaho Fly Casters Board meeting was called to order by President Skip Wright at 6:30 p.m.

PRESENT: Skip Wright, Gayle Wright, Don Boehm, Mike Steiner, Kent Setty, David Heberer, Renee Blythe, Bob Clark, Skip Quade.

NEW BUSINESS

Library: Still need a volunteer to take on library duties.

2009/2010 Budget presented to Board: Motion to approve budget: Don; Second, Mike; passed unanimously.

Reviewed suggestions for:

- 1) NIFC Fly Fishing Film Night – Skip Wright will followup with Terry Spindler and Kent Setty on film and space.
- 2) Toys for Tots – approved the October and November newsletters would asked for club members to bring a toy for donation to the November club meeting.
- 3) Fly Raffle — Any club member who wished to participate, would contribute a fly at the club meeting and receive a fly raffle ticket. At the end of the meeting, a drawing would be held for the flies. Skip will follow-up with Terry on this.
- 4) Winter Fly tying – Kent has volunteered his home workshop as a place to hold winter fly tying activities. Need a “Fly Master” volunteer to organize the dates, sign-ups and presentor.

Club Bulletin Board

If you are interested in purchasing a 1978 Taurus 5th wheel for your next hunting or fishing trip, please contact Renee Blythe at (208) 660-0384.

5) Change some Fishout locations - Skip Wright will create some questionnaires for distribution at the October meeting. Need members to volunteer as stream keepers next summer.

OLD BUSINESS

Annual day: After discussion, Board agreed not to hold annual day.

Fly Fishing 101: After discussion; Board agreed to hold Fly Fishing 101 classes in late winter 2010. Kent Setty will be the class coordinator.

Intermediate Fly Fishing: Board agreed to continue discussions around alternating Fly Fishing 101 classes with Intermediate Fly Fishing classes each year. Intermediate Fly Fishing classes tentatively scheduled for 2011.

Meeting adjourned at 7:50 p.m.

Renee Blythe, Secretary



Greg Blythe on the Pend Oreille River.

Photo by RENE BLYTHE



FOR THE GEAR BAG

When you're outdoors enjoying such activities as camping, hunting, fishing, and boating, be aware of weather conditions and whether you or others with you are wet and cold. The best approach to being cold and wet is to move indoors and get warm and dry early — before you develop hypothermia. Wear loose-fitting, layered, lightweight clothing. Outer clothing made of tightly woven, water-repellent material is best for wind protection. Wool, silk or polypropylene inner layers hold more body heat than cotton does.

Hypothermia occurs when your body's control mechanisms fail to maintain a normal body temperature. Signs and symptoms that may develop include gradual loss of mental and physical abilities. Severe hypothermia can lead to death. Most healthy people with mild to moderate hypothermia recover completely without permanent injury.

Hypothermia usually comes on gradually. Often, people aren't aware that they need medical attention. Common signs to look for are shivering, which is your body's attempt to generate heat through muscle activity, and the "-umbles" — stumbles, mumbles, fumbles and grumbles. Other signs and symptoms may include slurred speech, abnormally slow rate of breathing and fatigue, lethargy or apathy. Severe hypothermia will eventually lead to cardiac and respiratory failure, then death.

Hypothermia can happen not just in cold winter weather, when there are low temperatures or low wind chill factors, but under more mild conditions as well. A rain shower that soaks you to the skin on a cool day can lead to hypothermia if you don't move inside to warm up and dry off. If you stay outside, evaporation of the water from your skin further cools your body, dropping your internal temperature. A wind blowing over the wet parts of your body greatly increases evaporation and cooling.

Factors contributing to your risk of hypothermia in cold water include the temperature of the water and the length of time you spend in it. Rescue time is crucial when a person accidentally falls into cold water. Chances of survival are affected by how cold the water is: The colder the water, the less the chance of survival. If you plan to ride in a watercraft, wear a life jacket. A life jacket can help you stay alive longer in cold water by allowing you to float without using energy and providing some insulation.

Water temperature	Time until exhaustion or unconsciousness	Expected time of survival in the water
Under 32 F	Less than 15 minutes	Less than 15 to 45 minutes
32.5 to 40 F	15 to 30 minutes	30 to 90 minutes
40 to 50 F	30 to 60 minutes	1 to 3 hours
50 to 60 F	1 to 2 hours	1 to 6 hours
60 to 70 F	2 to 7 hours	2 to 40 hours
70 to 80 F	3 to 12 hours	3 hours to indefinite

The signs and symptoms of the person suffering from exposure to the cold are the strongest indications of hypothermia. Seek immediate medical care for any person who has been exposed to cold air or water and who is shivering, appears disoriented, shows a lack of coordination, has cold and pale skin, appears tired, and is slurring speech. Try to keep the person warm and dry, preferably indoors or at least out of the wind, until help arrives.

Renee Blythe



Fly-fisher's friendliness returned in spades

I was fishing the Joe a week before the last club fish out at Turner Flat campground when I came across a fellow just below the campground standing in the middle of a good run, nymphing.

I thought it was odd he was standing where all the fish hold, but to each his own. Maybe he knew something.

"Doing any good?" I asked.

"Caught a few small ones on a Pheasant Tail," he said. "Know where any bigger fish are?"

"Never fished this down-river area, but looks like good water," I said.

He said he was from Spokane, just camping for the night, then I moved on to fish about an eighth mile above the campground.

Later — about 8 p.m. — I was heating up some Beanee & Weenee's when a guy came around the back side of my camper and kind of startled me. He wanted to know if I was the fisherman who stopped to chat on the river below camp.

"Yeah," I remembered him nymphing.

He reach out holding a fly box, "I think this is yours."

I couldn't believe it! It was my favorite made-in-England Wheatley

box with all the secret flies I stood in line for years to buy at Orvis, and I didn't even remember dropping it along the river.

He had checked each camp site looking for me to no avail and thought I had moved on. I was surprised that he went to all this trouble in the dark. The box and flies were worth about \$100 to replace.

I always thought — and my experience has been — that fly fishing folks are the best, just remember to say "Hi" no matter what they're doing.

What a nice fellow,

R.F. McRae

Calendar

Oct 15

Club meeting/dinner
Lake City Senior Center

Oct 22

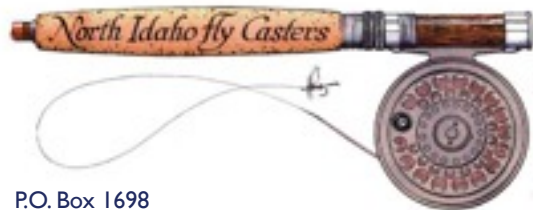
Club officers' meeting
Sargent's Restaurant

Nov 19

Club meeting/dinner
Lake City Senior Center

Nov 24

Club officers' meeting
Sargent's Restaurant



P.O. Box 1698

Coeur d'Alene, ID 83816-1698

Notice: The NIFC Board asks club members to bring unwrapped toys to the October and November club meetings as donations to Toys for Tots.